



Home learning suggested timetable – Reception

Week Beginning: 1.2.21

The times are a guide. Please do not worry if you spend less or more time doing the activities!

Monday	Tuesday	Wednesday	Thursday	Friday
<p>20 minutes - Name writing practice. 0 – 9 number formation practice. Choose 3/4 letters to practice writing, forming correctly using the RWI sound mat.</p> <p>30 minutes (all together) - RWI virtual phonics lesson with Ruth Miskin’s team Ruth Miskin Training - YouTube</p> <p>20/30 minutes - Ditty photocopy sheet 16</p> <p>20/30 minutes - Number 17 Maths challenge sheet</p> <p>10/20 minutes - Yoga Cosmic Kids Yoga - YouTube</p> <p>30 minutes/1 hour – RE</p>	<p>20 minutes - Name writing practice. 0 – 9 number formation practice. Choose 3/4 letters to practice writing, forming correctly using the RWI sound mat.</p> <p>30 minutes (all together) - RWI virtual phonics lesson with Ruth Miskin’s team Ruth Miskin Training - YouTube</p> <p>20/30 minutes - Ditty photocopy sheet 17</p> <p>20/30 minutes - Number 17 Maths challenge sheet</p> <p>10/20 minutes - Yoga Cosmic Kids Yoga - YouTube</p> <p>30 minutes/1 hour – Topic (Children’s Mental Health Week – My Feelings): Lesson 1 Feelings - Oak National Academy (thenational.academy)</p>	<p>20 minutes - Name writing practice. 0 – 9 number formation practice. Choose 3/4 letters to practice writing, forming correctly using the RWI sound mat.</p> <p>30 minutes (all together) - RWI virtual phonics lesson with Ruth Miskin’s team Ruth Miskin Training - YouTube</p> <p>20/30 minutes - Ditty photocopy sheet 18</p> <p>20/30 minutes - Number 17 and/or 18 Maths challenge sheet</p> <p>10/20 minutes - Yoga Cosmic Kids Yoga - YouTube</p> <p>30 minutes – Music</p> <p>30 minutes – Lesson 2 – Act out feelings (Use Oak National Academy Link)</p>	<p>20 minutes - Name writing practice. 0 – 9 number formation practice. Choose 3/4 letters to practice writing, forming correctly using the RWI sound mat.</p> <p>30 minutes (all together) - RWI virtual phonics lesson with Ruth Miskin’s team Ruth Miskin Training - YouTube</p> <p>20/30 minutes - Ditty photocopy sheet 19</p> <p>20/30 minutes - Number 18 Maths challenge sheet</p> <p>10/20 minutes - Yoga Cosmic Kids Yoga - YouTube</p> <p>30 minutes– Lesson 3 – Represent feelings using colours (Use Oak National Academy Link)</p>	<p>20 minutes - Name writing practice. 0 – 9 number formation practice. Choose 3/4 letters to practice writing, forming correctly using the RWI sound mat.</p> <p>30 minutes (all together) - RWI virtual phonics lesson with Ruth Miskin’s team Ruth Miskin Training - YouTube</p> <p>20/30 minutes - Ditty photocopy sheet 20</p> <p>20/30 minutes - Number 18 Maths challenge sheet</p> <p>10/20 minutes - Yoga Cosmic Kids Yoga - YouTube</p> <p>No time limit – See the extra activities for Children’s Mental Health Personal, Social and Emotional development – Play, talk about feelings, right & wrong.</p>